

CERTIFICATE COURSE IN CARE OF THE ELDERLY
(6 MONTHS+3 MONTHS INTERNSHIP)



STATE BOARD OF TECHNICAL EDUCATION & TRAINING
SANKETHIKA VIDYA BHAVAN, MASAB TANK,
TELANGANA, Hyderabad

Care of Elderly

SUB CODE	NAME OF THE SUECT	HOURS/WEEK		TOTAL PERIODS PER ANNUM	SCHEME OF EXAMINATION			
		Theory	Practicals		Duration Hours	Sessional Marks	End Exam Marks	Total Marks
CE-101	Basic Anatomy & Physiology of Human body	03	--	50	03	--	100	100
CE-102	Holistic Care of Elderly	03	--	50	03	--	100	100
CE-103	Holistic Care of Elderly-Practical		06	75	03	40	60	100
	TOTAL	06	06	175		40	260	300

SAHAYAK- Care of Elderly

CE-101-Paper 1: Basic Anatomy & Physiology of Human body (Theory)

1. The Skeletal and Muscular System
2. The Nervous and Sensory System
3. The Respiratory and Circulatory System
4. The Digestive System
5. The Excretory System
6. The Endocrine System

CE-102-Paper 2: Holistic Care of Elderly (Theory)

1. Personal Hygiene of Elderly
 - i. Assist in bathing the patient
 - ii. Assist in Grooming the Patient
 - iii. Assist patient in dressing up
 - iv. Prevention and management of pressure sores
2. Nutritional Care of Elderly: Assist in eat, drink, feeding and maintaining normal elimination
3. Assisting positioning, Mobilization and transferring and Prevention of Fall of the Elderly/the patient
4. Infection prevention practices and Clean medical equipment & biomedical waste management
5. Measuring patient parameters accurately
6. Carry out last office (death care)

CE-103-Paper3: Holistic Care of Elderly (Practical)

1. Personal Hygiene Procedures
2. Feeding procedures
3. Demonstration of Positions
4. Mobilization and Transfer of elderly
5. Infection Prevention Practices and BMW
6. Measurement of vital signs